# Middlesbrough Council



#### **HEALTH SCRUTINY PANEL**

#### 30 JULY 2008

# A REVIEW INTO EMOTIONAL WELLBEING & MENTAL HEALTH A BRIEFING FROM THE DIRECTOR OF PUBLIC HEALTH

#### PURPOSE OF THE REPORT

1. To introduce representation from the Middlesbrough locality Director of Public Health, in attendance at today's meeting to provide a briefing for the Health Scrutiny Panel.

#### **RECOMMENDATIONS**

2. That the Health Scrutiny Panel notes the content of the briefing provided at today's meeting, ahead of asking any questions felt appropriate.

#### **CONSIDERATION OF REPORT**

- 3. The Health Scrutiny Panel has chosen to review Emotional Wellbeing & Mental Health in Middlesbrough as its first topic of 2008/9. As a first step, the Panel felt it would be prudent to hear from the local Director of Public Health on what the prevailing national and regional strategy is for addressing the issues around people's emotional wellbeing and Mental Health. Further to provide some context as to how the topic is presently being approached by the NHS and what may be done in the future.
- 4. To this end, Middlesbrough's Director of Public Health will be in attendance to speak to the Panel. The Director of Public Health is preparing a briefing paper for the Panel which will be sent out under separate cover, as soon as possible. It is anticipated that the Director of Public Health will speak to that paper, ahead of answering any questions that the Panel has.

## **BACKGROUND PAPERS**

5. Please see PCT briefing paper, which will be sent out under separate cover as soon as possible.

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